

# Hot off the Skillet

What's new and noteworthy near you



## 3 WAYS TO DISCOVER

### The Best Catch

Come February 17, revelers worldwide begin the celebration of Fat Tuesday, the last big feast before Lent. But no one celebrates Mardi Gras quite like the South. When you head to the parade routes, keep an eye open for these prized items, also known as “throws.”

- ① **NEW ORLEANS** Score a prime souvenir, such as the high heels tossed by the Krewe of Muses or the golden coconuts from the Krewe of Zulu. [mardigrasneworleans.com](http://mardigrasneworleans.com)
- ② **MOBILE** Put your hands up for the Port City's iconic throw, Southern-made MoonPies. [cityofmobile.org](http://cityofmobile.org)
- ③ **GALVESTON** At the third-largest Mardi Gras celebration in the country, look for the krewes' custom-designed beads, a coveted keepsake every year. [mardigrasgalveston.com](http://mardigrasgalveston.com)

## beauty moment AMORE THERAPY

Whatever you have planned for this Valentine's Day, take a moment for yourself and relax with a little help from the Love Me Smart Box from Dallas-based Flower Road. This therapeutic aroma kit features notes of magnolia, rose, sandalwood, vetiver, and ylang-ylang. The essential oils are made to wear directly on the skin, or combine to create your own scent. A little dab will do ya. \$96; [flowerroad.net](http://flowerroad.net)



THIS MONTH'S PICK

## sip & flip THIS SIDE OF THE RIVER

Jeffrey Stayton's debut novel follows a group of Confederate widows as they march to Ohio in an attempt to burn down Sherman's house. Both thrilling and touching, this historical fiction offers a glimpse into the past. Visit [southernliving.com/book-club](http://southernliving.com/book-club) for a Q&A guide. Nautilus Publishing; \$24.99

STAFF PICKS

## STRAIGHT FROM THE SOURCE



This month, **Photo Director Jeanne Dozier Clayton** shares her picks for why it's good to be Southern.



### Love Is Blind

"Slowly but surely, so am I! These velvet readers from Atlanta are a stylish solution for middle-aged eyes." \$65; [eyejets.com](http://eyejets.com)



### Spring Forward

"Transition from winter to spring with this cashmere wrap by Nashville's Kayce Hughes." \$132; [kaycehughes.com](http://kaycehughes.com)



### It's 5:00 Somewhere

"I love these cute coasters from Austin-based August Morgan." \$32; [www.augustmorgan.com](http://www.augustmorgan.com)